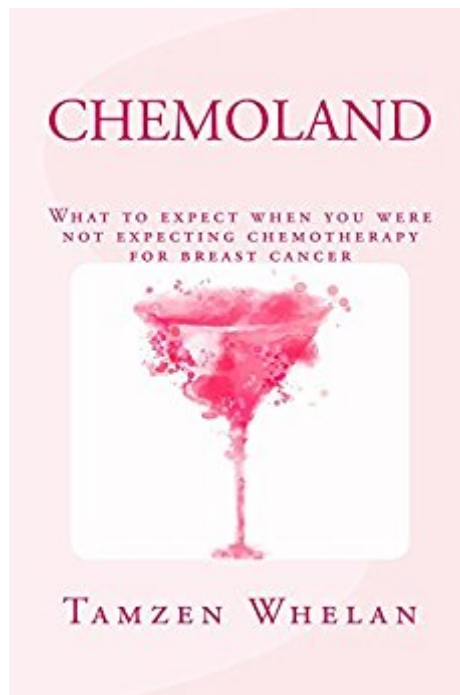




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# Chemoland: What To Expect When You Were Not Expecting Chemotherapy For Breast Cancer



## Synopsis

Like a close friend, CHEMOLAND offers sage advice, support, and comfort to anyone facing breast cancer. This diagnosis is frightening at best, and heading into chemotherapy can be even more terrifying. Learn what to expect, what not to expect, and how to empower yourself throughout treatment and beyond from someone who has been there. Written with raw emotion, humor, and intelligence, CHEMOLAND gives practical strategies for dealing with the three major issues that all breast cancer patients will encounter: physical, mental, and emotional challenges. You are not alone.

## Book Information

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## Customer Reviews

Cancer is something that touches every family. When my sister was attacked, she had no idea what to do or what to expect. She was scared and our whole family was scared with her. After her surgery, she found out that she was going to have to go through chemotherapy. I scoured the internet looking for information. I bought books, asked doctors, nurses, tried approaching other

patients... It was a very scary time and all our family wanted to know was what to really expect when they started pumping this healing poison into her blood, but nobody seemed to really answer the question. All we received were vague replies that didn't really tell us anything. I found Chemland, and bought it out of desperation for some kind of mental relief. What I found in Chemoland, were real answers. I didn't need another typical cancer book about hardship and overcoming! I needed to know what my sister should expect! She needed to know. I read it; she read it; our mother read it. I can't even tell you how much relief we all felt in getting a true accounting about someone else's experience in the chemo room... Thank you Tamzen, from the bottom of my heart for giving my sister the peace of knowing what was coming next.... With everything she had to go through, your story help relieve her of that anxiety, which at times was all encompassing... I wish you all the best and hope that you live a long and happy life. Thank you, thank you, thank you.J

Chemoland is an extremely engaging narration of the personal experiences of the author from diagnosis through chemo and radiation treatments for a very aggressive breast cancer. She is completely open about her psychological as well as physical trials throughout the process and well as acknowledging resulting positive changes in her outlook on life. The final parts of the book include an index for easy reference within the book for explanations of related therapies and conditions, plus a complete journal which she wrote through the experience. The book was well written - fluid and captivating. I highly recommend it for any adult even if not presently facing the experience of cancer.

it is not always easy to read a book written by the person who is going through the fright of a disease such as cancer. I bought the book for a friend who was just about to begin her treatments for breast cancer, but decided I should first read it knowing that some personal accounts may be too intense, too negative or simply too personal to be of any help. I myself am very fortunate to be one who undertook reading this book in a very healthy state. Nonetheless, for my friend and for myself, I found this book to be quite remarkable. Not only is the writing excellent, but Tamzen's ability to take you through her journey in such an honest way allowing one to see and to feel the trip with honesty, humor, practicality, emotional balance and a chin up attitude that is present but not forced is solid. Few can traverse that thin line where personal accounts can become uncomfortable; Tamzen has done so with an extremely well written account. I know if I am ever in a situation similar to hers (and to too many friends and family), I will reread it again and again. I sincerely recommend this book whether in need of support or not.

Chemoland draws the reader in on page one and never lets go. The voice is intensely personal, like a good friend who is with you in present time, showing the way through the pain and fear of chemotherapy and radiation, and beyond to a life where you are stronger, wiser, more grateful and have the newfound ability to choose happiness. Using humor and honesty, Ms. Whelan transforms a story potentially one of dread and anxiety into a narrative that is ultimately a testament to emotional growth and peace. Several years ago I underwent a partial mastectomy. At that time I lacked the courage to choose the chemotherapy that was recommended. After reading Chemoland I feel that if again faced with this decision in the future, I will be able to confront this challenge, because now I have a friend.

Statistics says that one out of four women will get some kind of breast cancer in their life. The book Chemoland is a must read for all women. Chances are either you, or some woman you know will develop breast cancer in your lifetime. For me it was a personal read, my breast friend was recently diagnosed with the disease. I found this book very easy to read, it was not bogged down with a lot of medical chagrin. It was very much a lay persons guide through the argnt journey of chemotherapy. The authors journey was relatable in some ways to my friends, and other ways it was not. I think it is good to hear other women's experiences, and know some aspects of the disease and cure will be different and similar for each woman. The book is relevant and relatable, thanks!Liz Steward

Great book so informative!

Good book but VERY VERY short. \$9.99 for Kindle, it should be about 3 bucks or less!

Very up close and personal experience for someone dealing with the fall out of breast cancer. What I liked about it is that everyone has different coping mechanisms - not all react the same to news like this. Tamzen pours her feelings onto paper giving us a first hand view.

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